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# Common Pathogenic Mechanisms in Centronuclear and Myotubular Myopathies and Latest Treatment Advances

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## Abstract

Centronuclear myopathies (CNM) are rare congenital disorders characterized by muscle weakness and structural defects including fiber hypotrophy and organelle mispositioning. The main CNM forms are caused by mutations in: the *MTM1* gene encoding the phosphoinositide phosphatase myotubularin (myotubular myopathy), the *DNM2* gene encoding the mechanoenzyme dynamin 2, the *BIN1* gene encoding the membrane curvature sensing amphiphysin 2, and the *RYR1* gene encoding the skeletal muscle calcium release channel/ryanodine receptor. *MTM1*, *BIN1*, and *DNM2* proteins are involved in membrane remodeling and trafficking, while *RyR1* directly regulates excitation-contraction coupling (ECC). Several CNM animal models have been generated or identified, which confirm shared pathological anomalies in T-tubule remodeling, ECC, organelle mispositioning, protein homeostasis, neuromuscular junction, and muscle regeneration. Dynamin 2 plays a crucial role in CNM physiopathology and has been validated as a common therapeutic target for three CNM forms. Indeed, the promising results in preclinical models set up the basis for ongoing clinical trials. Another two clinical trials to treat myotubular myopathy by *MTM1* gene therapy or tamoxifen repurposing are also ongoing. Here, we review the contribution of the different CNM models to understanding physiopathology and therapy development with a focus on the commonly dysregulated pathways and current therapeutic targets.

**Keywords:** amphiphysin; autophagy; centronuclear myopathy; dynamin; membrane trafficking; myotubular myopathy; myotubularin; ryanodine receptor; satellite cell; triads.